

September 19, 2025

Benefits of healthy food for human health

https://youtu.be/5D_Q6jTppE0



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Healthy nutrition is the basis of society's life
<https://youtu.be/nHxNGp7dJLw>



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Healthy Nutrition and the Role of Agricultural Products in Society<https://youtu.be/KQXyWatXmng>



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Conducting training events within the framework of the “Strengthening Resilience of the Agriculture Sector Project”

The State Institution “Agriculture Entrepreneurship Development” within the framework of the “Strengthening Resilience of the Agriculture Sector Project” in collaboration with the public organizations “Amon”, “Agroservice Consulting” and “Mashvarati Rasonavi” organized training and consultations on nutrition-related topics for farmers, farm managers and employees of the Ministry of Agriculture structures in towns and districts across the country, aimed at raising their level of knowledge.

During the training sessions, the following topics were addressed: nutrition and importance of healthy food, identifying malnutrition, its impact on human health, public

access to healthy food and nutrient-rich products, consumption of micronutrients, food fortification, consequences of malnutrition and micronutrient deficiencies, promoting fortified foods to reduce micronutrient deficiencies and other related issues.

Currently, according to the plan, the sector representatives are intensifying their activities in this area, conducting events across the country and taking necessary measures to implement new plans for the second phase.



September 19, 2025

Monitoring the distribution of microelements and vitamins in the towns and districts of Sughd region

“Nation health is an invaluable asset, without which it is impossible to imagine a state strength”

This week, the State Institution “Agriculture Entrepreneurship Development” specialists together with the public organization “Avesto” employees monitored the distribution of microelements and vitamins in the towns and districts of Sughd region (Khujand town, B. Gafurov and J. Rasulov districts).

A working meeting was held with Muhiddin Habibullo Khairullozoda, Head of the Regional Health Department.

During the meeting, the parties expressed their opinions on the issues of providing the target population (pregnant women and children aged 6 to 59 months) with micronutrients and vitamins, the activities of reproductive health centers and health centers of the towns and districts of Sughd region in this direction, as well as food fortification for protection of public health and prevention of nutrition-related diseases.

Afterwards, the working group met with officials and staff of reproductive health centers and child disease centers in Khujand town, B. Gafurov and J. Rasulov districts and checked the process of documenting and distributing micronutrients and vitamin supplements to the target population, including pregnant women and children aged 6 to 59 months.

Conversations were held with patients using micronutrients and vitamins.

The patients stated that their health improved after using health products (micronutrients and vitamin supplements). They also expressed their gratitude and endless appreciation to the

Government of the Republic of Tajikistan and the State
Institution "Agriculture Entrepreneurship Development" for
their continued support.



September 19, 2025

MICRONUTRIENTS AND VITAMINS EFFICIENCY FOR WOMEN AND CHILDREN



September 19, 2025

**ROUND TABLE ON THE TOPIC “CREATION OF A NATIONAL PREMIX
TURNOVER FUND IN TAJIKISTAN”**

Nutrition, being the most important factor in human health, well-being and vital activity, inextricably linking human life with food, is necessary for body development, formation of cells and tissues, body provision with the necessary substances, formation of hormones, enzymes and other metabolic processes.

In order to protect public health and prevent foodborne diseases by fortifying food products, the Government of the Republic of Tajikistan adopted the Law of the Republic of Tajikistan “On Providing the Population with Fortified Food Products” in 2019. In order to implement this law, today, April 22, a round table was held at the Ministry of Health and

Social population of the Republic of Tajikistan on the topic of “Creation of the National Fund for the Circulation of Premixes in Tajikistan”, at which the Deputy Minister of Health and Social Protection of the Population Abdukholik Amirzoda had a speech, representatives of the country’s relevant ministries and departments, a number of heads of food industry enterprises (flour and salt), as well as representatives of development partners in collaboration with the World Bank Group, the United Nations Children’s Fund, and the Global Alliance for Improved Nutrition (GAIN) project manager participated.

During the round table opening, the Deputy Minister of Health and Social Protection of the Population Abdukholik Amirzoda stated that improving the nutrition is important for strengthening the population health.

It should be noted that issues of arranging the public nutrition are considered ones of the main strategic areas of the country Government activity, and adoption of 2 laws, 2 strategies, 4 programs and 1 national plan in recent years is evidence of this issue importance.

Then the Director of the State Institution “Development of Entrepreneurship in Agriculture” Mr. Daler Satori spoke about the project “Strengthening the Sustainability of Agriculture” and the activities of “Creation of the National Fund for the Circulation of Premixes in Tajikistan”, the issue was addressed by Hazem Ibrahim Hanbal, a Senior Agricultural Economist for the World Bank Group in Tajikistan, and other officials.

The round table also discussed a number of issues, including the provision of information on the topics “Creation of the National Fund for the Circulation of Premixes in Tajikistan”, “Achievements in the implementation of the Program for prevention of micronutrient deficiency among the population of the Republic of Tajikistan for 2022-2027”, “Problems related

to food fortification in the Republic of Tajikistan”, “Status of the regulatory framework for food fortification (Tajikstandard)”, “Assessment of a potential host agency for NRFP” and “Discussion of the assessment and design of the Fund results with the private sector”.

It is worth noting that the Republic of Tajikistan joined the Global Movement for Scaling Up Nutrition (SUN) in 2013, becoming the 42nd country. Since 2015, the country has had an intersectoral coordination Council on Nutrition, which includes representatives of all ministries and departments, development partners, non-governmental organizations and civil society, which develops strategies and programs to improve nutrition, including the following: “Strategy for Development of School Nutrition in the Republic of Tajikistan for the Period up to 2027”, “Multi-sectoral Plan for Improving Nutrition in the Republic of Tajikistan for 2021-2025”, “National Communication Program for the First 1000 Days of a Child’s Life in the Republic of Tajikistan for 2020-2024”.

During the round table, a number of participants expressed their thoughts and ideas on various aspects of the project.



September 19, 2025

Training on Healthy nutrition in Khatlon Region

Starting in December 2024, specialists of the State Institution “of Agriculture Entrepreneurship Development” together with the Public organization “Avesta”, according to the schedule, conduct training throughout the country.

On January 30 of the current year in the hall of the “Parvozi Parastu” in the Bokhtar city, Khatlon region a training was held with the participation of family doctors, pediatric department, and reproductive health specialists of Khuroson, Kushoniyon, A. Jomi, Vaksh, J. Balkhi, Jayhun, Panj, Shahrituz, Nosiri Khusrav, Qubodiyon, Dusti districts, and Bokhtar, Levakant and Nurek cities.

At the training, scientists and experts in primary health care (PHC) presented issues related to micronutrient and vitamin supplementation of the target population, including pregnant women and children aged 6 to 59 months, through a presentation, as well as skills for their management, general information on basic nutritional indicators for pregnant women

and newborns, assessment of physical development of pregnant women, new approaches to assessing intrauterine growth and fetal development in PHC institutions, information on 5 key ways of food security, health status of pregnant women in the Republic of Tajikistan, strategic documents adopted at the national level on health protection of pregnant women, importance of iron sulfate and folic acid use during pregnancy, anemia, and experience of vitamin supplements use throughout the country and its results.

The aim of the training is to raise awareness of PHC's doctors about the best and correct use of vitamin supplements and micronutrients, to conduct information activities among target groups, about the need to use vitamin supplements and micronutrients by pregnant and lactating women.

At the end of the training, participants were awarded certificates for their active participation and valuable contribution to public health.

