

May 23, 2025

## **Monitoring the distribution of microelements and vitamins in the towns and districts of Sughd region**

“Nation health is an invaluable asset, without which it is impossible to imagine a state strength”

This week, the State Institution “Agriculture Entrepreneurship Development” specialists together with the public organization “Avesto” employees monitored the distribution of microelements and vitamins in the towns and districts of Sughd region (Khujand town, B. Gafurov and J. Rasulov districts).

A working meeting was held with Muhiddin Habibullo Khairullozoda, Head of the Regional Health Department.

During the meeting, the parties expressed their opinions on the issues of providing the target population (pregnant women and children aged 6 to 59 months) with micronutrients and vitamins, the activities of reproductive health centers and health centers of the towns and districts of Sughd region in this direction, as well as food fortification for protection of public health and prevention of nutrition-related diseases.

Afterwards, the working group met with officials and staff of reproductive health centers and child disease centers in Khujand town, B. Gafurov and J. Rasulov districts and checked the process of documenting and distributing micronutrients and vitamin supplements to the target population, including pregnant women and children aged 6 to 59 months.

Conversations were held with patients using micronutrients and vitamins.

The patients stated that their health improved after using health products (micronutrients and vitamin supplements). They also expressed their gratitude and endless appreciation to the Government of the Republic of Tajikistan and the State Institution “Agriculture Entrepreneurship Development” for

their continued support.



## MICRONUTRIENTS AND VITAMINS EFFICIENCY FOR WOMEN AND CHILDREN



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May 23, 2025

### **ROUND TABLE ON THE TOPIC “CREATION OF A NATIONAL PREMIX TURNOVER FUND IN TAJIKISTAN”**

Nutrition, being the most important factor in human health, well-being and vital activity, inextricably linking human life with food, is necessary for body development, formation of cells and tissues, body provision with the necessary substances, formation of hormones, enzymes and other metabolic processes.

In order to protect public health and prevent foodborne diseases by fortifying food products, the Government of the Republic of Tajikistan adopted the Law of the Republic of Tajikistan “On Providing the Population with Fortified Food Products” in 2019. In order to implement this law, today, April 22, a round table was held at the Ministry of Health and Social population of the Republic of Tajikistan on the topic of “Creation of the National Fund for the Circulation of Premixes in Tajikistan”, at which the Deputy Minister of

Health and Social Protection of the Population Abdukholik Amirzoda had a speech, representatives of the country's relevant ministries and departments, a number of heads of food industry enterprises (flour and salt), as well as representatives of development partners in collaboration with the World Bank Group, the United Nations Children's Fund, and the Global Alliance for Improved Nutrition (GAIN) project manager participated.

During the round table opening, the Deputy Minister of Health and Social Protection of the Population Abdukholik Amirzoda stated that improving the nutrition is important for strengthening the population health.

It should be noted that issues of arranging the public nutrition are considered ones of the main strategic areas of the country Government activity, and adoption of 2 laws, 2 strategies, 4 programs and 1 national plan in recent years is evidence of this issue importance.

Then the Director of the State Institution "Development of Entrepreneurship in Agriculture" Mr. Daler Satori spoke about the project "Strengthening the Sustainability of Agriculture" and the activities of "Creation of the National Fund for the Circulation of Premixes in Tajikistan", the issue was addressed by Hazem Ibrahim Hanbal, a Senior Agricultural Economist for the World Bank Group in Tajikistan, and other officials.

The round table also discussed a number of issues, including the provision of information on the topics "Creation of the National Fund for the Circulation of Premixes in Tajikistan", "Achievements in the implementation of the Program for prevention of micronutrient deficiency among the population of the Republic of Tajikistan for 2022-2027", "Problems related to food fortification in the Republic of Tajikistan", "Status of the regulatory framework for food fortification (Tajikstandard)", "Assessment of a potential host agency for

NRFP” and “Discussion of the assessment and design of the Fund results with the private sector”.

It is worth noting that the Republic of Tajikistan joined the Global Movement for Scaling Up Nutrition (SUN) in 2013, becoming the 42nd country. Since 2015, the country has had an intersectoral coordination Council on Nutrition, which includes representatives of all ministries and departments, development partners, non-governmental organizations and civil society, which develops strategies and programs to improve nutrition, including the following: “Strategy for Development of School Nutrition in the Republic of Tajikistan for the Period up to 2027”, “Multi-sectoral Plan for Improving Nutrition in the Republic of Tajikistan for 2021-2025”, “National Communication Program for the First 1000 Days of a Child’s Life in the Republic of Tajikistan for 2020-2024”.

During the round table, a number of participants expressed their thoughts and ideas on various aspects of the project.



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May 23, 2025

### **Training on Healthy nutrition in Khatlon Region**

Starting in December 2024, specialists of the State Institution “of Agriculture Entrepreneurship Development” together with the Public organization “Avesta”, according to the schedule, conduct training throughout the country.

On January 30 of the current year in the hall of the “Parvozi Parastu” in the Bokhtar city, Khatlon region a training was held with the participation of family doctors, pediatric department, and reproductive health specialists of Khuroson, Kushoniyon, A. Jomi, Vaksh, J. Balkhi, Jayhun, Panj, Shahrituz, Nosiri Khusrav, Qubodiyon, Dusti districts, and Bokhtar, Levakant and Nurek cities.

At the training, scientists and experts in primary health care (PHC) presented issues related to micronutrient and vitamin supplementation of the target population, including pregnant women and children aged 6 to 59 months, through a presentation, as well as skills for their management, general information on basic nutritional indicators for pregnant women

and newborns, assessment of physical development of pregnant women, new approaches to assessing intrauterine growth and fetal development in PHC institutions, information on 5 key ways of food security, health status of pregnant women in the Republic of Tajikistan, strategic documents adopted at the national level on health protection of pregnant women, importance of iron sulfate and folic acid use during pregnancy, anemia, and experience of vitamin supplements use throughout the country and its results.

The aim of the training is to raise awareness of PHC's doctors about the best and correct use of vitamin supplements and micronutrients, to conduct information activities among target groups, about the need to use vitamin supplements and micronutrients by pregnant and lactating women.

At the end of the training, participants were awarded certificates for their active participation and valuable contribution to public health.



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May 23, 2025

## **Training on healthy nutrition successfully continues across the country**

Nowadays, the Government of the Republic of Tajikistan constantly strives to improve and protect the health of the population and shows great interest in food security and healthy nutrition issues.

This year with the support of the Government of the Republic of Tajikistan by the State Institution “Agriculture Entrepreneurship Development” under the implementation of the “Strengthening Resilience of the Agriculture Sector Project” vitamins and micronutrients have been imported from abroad to protect the health of mothers and children, and the Ministry of Health and Social Protection ensures the availability of these vitamins and micronutrients to medical centers in cities and districts.

Starting in December 2024, specialists of the State Institution “of Agriculture Entrepreneurship Development ” together with the organization “Avesta”, according to the



schedule, conduct training throughout the country.

On January 27 and 28 of the current year in the hall of the Ministry of Health and Social Protection of Population of the Republic of Tajikistan a training was held with the participation of family doctors, pediatric department, reproductive health specialists of Tursunzade, Hissar, Vahdat, Rogun, cities, as well as from Ashgabat, Shahrinav, Rudaki, Tajikabad, Sangvor, Lakhsh, Rasht and Faizabad districts.

At the training, scientists and experts in primary health care (PHC) presented issues related to micronutrient and vitamin supplementation of the target population, including pregnant women and children aged 6 to 59 months, through a presentation, as well as skills for their management, general information on basic nutritional indicators for pregnant women and newborns, assessment of physical development of pregnant women, new approaches to assessing intrauterine growth and fetal development in PHC institutions, information on 5 key ways of food security, health status of pregnant women in the Republic of Tajikistan, strategic documents adopted at the national level on health protection of pregnant women, importance of iron sulfate and folic acid use during pregnancy, anemia, and experience of vitamin supplements use throughout the country and its results.

The aim of the training is to raise awareness of PHC's doctors about the best and correct use of vitamin supplements and micronutrients, to conduct information activities among target groups, about the need to use vitamin supplements and micronutrients by pregnant and lactating women, to study the issue of food fortification with vitamin and mineral powder for children aged 6 to 59 months.

Also, in accordance with the order of the Minister of Health and Social Protection of Population of the Republic of Tajikistan, trainings will be held in the coming days in Khatlon, Sughd and GBAO regions.



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May 23, 2025

**The performance results of the Public Organization “Avesto”  
in the frame of project**

With the support of the Government of the Republic of Tajikistan, the State Institution “Agriculture Entrepreneurship Development” in the frame of sub-component 3.4 (nutrition improvement) of “Strengthening Resilience of the Agriculture Sector Project” for health promotion and improvement of population health, especially mothers and children, vitamins and micronutrients were imported into the country last year.

The State Institution “Agriculture Entrepreneurship Development” in cooperation with the Ministry of Health and Social Protection of Population of the Republic of Tajikistan to this date carried out a number of activities and currently, the distribution of medicine (vitamins and micronutrients) is actively proceeding throughout the country, as well as explanatory work is carried out by the Public Organization “Avesto”.

Therefore, on January 9 of this year, a working meeting was held at the State Institution on the results of the Public Organization "Avesto" activity for 2024.

The staff of the Public Organization "Avesto" and the State Institution "Agriculture Entrepreneurship Development" participated in the working meeting.

On the first issue of the agenda, the head of the Public Organization "Avesto" Abdulloeva Firusa Ganievna made comprehensive remarks on the import and distribution of vitamins and micronutrients throughout the country, development and publication of information materials, advertising activities through mass media, as well as holding round tables and consultative seminars among the population.

Then presentations on this issue were made by some participants.

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May 23, 2025

### **Distribution of vitamins and micronutrients to Medical Centers**

Nowadays, the Government of the Republic of Tajikistan constantly strives to improve the health and protection of the population and shows great interest in food security and healthy nutrition issues.

Also, the Government of the Republic of Tajikistan has adopted a number of normative-legal documents and carries out effective activities in this area.

For this purpose, this year, with the support of the Government of the Republic of Tajikistan and the World Bank Group, the State Institution "Agriculture Entrepreneurship Development" in the frame of the Strengthening Resilience of Agriculture Sector Project, aimed at protecting the health of

mother and child has imported vitamins and micronutrients, such as S1550005 – 60 mg of iron + folic acid/PAC – (10×10) in the amount of 353,000.00 packs and S1580201 vitamin-mineral powder (SPRINKLE) PAC – 30 in the amount of 1 300,000.00 packs to the Republic of Tajikistan.

After importing these medical products into the Republic, quality was checked by specialists of the State Supervision Service of Health and Social Protection of the Population of Tajikistan of the Ministry of Health and Social Protection of Population of the Republic of Tajikistan.

It is foreseen micronutrients – ironic sulfate and folic acid for 353 000 pregnant women and vitamin supplements for 1 300 000 children aged 6 months to 59 months.

After checking the quality of imported medical products Certificate of Quality and Conformity issued by the State Supervision Service of Health and Social Protection of the Population of Tajikistan of the Ministry of Health and Social Protection of Population of the Republic of Tajikistan. Based on Certificate of Quality and Conformity for imported medical products permission was given for distribution to beneficiaries.

Nowadays, in accordance with the Order No. 560 dated August 20, 2024 of the Minister of Health and Social Protection of Population of the Republic of Tajikistan

“Distribution of micronutrients (SPRINKLE) and medical nutrition for children”, micronutrients and vitamin supplements are provided to beneficiaries at the Primary Health and Sanitation facilities (urban, regional, district reproductive health centers and children’s disease coordination rooms of urban, regional, district health centers).

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May 23, 2025

**Working session on distribution of vitamins and micronutrients  
in the frame of “Strengthening Resilience of Agriculture  
Project”**

“The health of the nation is an invaluable asset, without  
which it is impossible to imagine the strength of the state”

Emomali Rahmon

Nowadays, the Government of the Republic of Tajikistan  
constantly strives to improve the health and protection of the  
population and shows great interest in food security and  
healthy nutrition issues.

As it is known, food issues are considered a critical issue  
not only in Tajikistan, but all over the world. In some  
countries, the population suffers from hunger, in others from  
food shortages, and in thirds people struggle with obesity.

For this purpose, this year, with the support of the  
Government of the Republic of Tajikistan and the World Bank

Group, the State Institution “Agriculture Entrepreneurship Development” in the frame of the Strengthening Resilience of Agriculture Sector Project, aimed at protecting the health of mother and child has imported vitamins and micronutrients, such as S1550005 – 60 mg of iron + folic acid/PAC – (10×10) in the amount of 353,000.00 packs and S1580201 vitamin-mineral powder (SPRINKLE) PAC – 30 in the amount of 1 300,000.00 packs to the Republic of Tajikistan.

Hence, on December 19, 2024 a meeting on the official distribution of vitamins and micronutrients was held in the hall of the Ministry of Health and Social Protection of the Population of the Republic of Tajikistan.

The meeting was attended by deputies and responsibilities of the Ministry of Health and Social Protection of Population of the Republic of Tajikistan, Head of the Department of Agrarian Policy and Food Security Monitoring of the Ministry of Agriculture of the Republic of Tajikistan, representatives of the World Bank Group, Acting Head of the United Nations Children’s Fund (UNICEF) Office in Tajikistan, Director and staff of the State Institution “Agriculture Entrepreneurship Development”.

The purpose of this event is to maintain public health, especially to improve the health status of mothers and children, as well as the proper use of micronutrients and vitamin supplements by target groups (pregnant women and children aged 6 months to 59 months).

The first deputy Minister of Health and Social Protection of Population of the Republic of Tajikistan, Mr. Muhsinzoda Gafur, opened the meeting and noted that the issue of mother and child health protection is one of the main priorities of the Government of the Republic of Tajikistan and the Ministry of Health and Social Protection of Population of the Republic of Tajikistan. The Ministry of Agriculture of the Republic of Tajikistan is also constantly taking necessary measures for

food safety and food production among the population.

The Ministry of Health and Social Protection of the Population of the Republic of Tajikistan has held a number of activities to prevent micronutrient deficiencies among children and women, and in order to improve the health of children and prevent infectious diseases, vitamin A supplementation has been carried out twice a year at the national level for children aged 6 to 59 months in the last 10 years.

After representative of World Bank Group Hasem Ibragim Hanbal, Deputy minister of Health and Social Protection of the Population of the Republic of Tajikistan, Zulfiya Abdusamatzoda, Head of the Department of Agrarian Policy and Food Security Monitoring of the Ministry of Agriculture of the Republic of Tajikistan Abdullozoda Ahmadjon, Acting Head of the United Nations Children's Fund (UNICEF) Office in Tajikistan, director of State Institution "Agriculture Entrepreneurship Development", Daler Satori made comprehensive remarks on this issue.

The State Institution presented a documentary film to the audience after the speeches.

