

October 17, 2025

SUPPORT FOR NATIONWIDE ACTIVITIES TO PROVIDE MICRONUTRIENTS AND VITAMIN SUPPLEMENTS IN PHC IN TAJIKISTAN

A roundtable discussion on “Support for nationwide activities to provide micronutrients and vitamin supplements in PHC in Tajikistan” was held at the SI “National Library of Tajikistan” as part of the “Strengthening Resilience of the Agriculture Sector Project”. Participants included Zohir Nabiev, Head of the Department for Maternal and Child Health Services and Family Planning at the Ministry of Health and Social Protection of the Republic of Tajikistan, Khayriniso Yusufi, Goodwill Ambassador for Women’s Cancer, Boymurod Kurbonzoda, Deputy Director of the “Agriculture Entrepreneurship Development” State Institution, heads of reproductive health centers, and representatives from medical facilities focused on maternal and child health.

Opening the roundtable, Zohir Nabiev, Head of the Department for Maternal and Child Health Services and Family Planning at the Ministry of Health and Social Protection of the Republic of Tajikistan, noted that improving nutrition is crucial for improving public health.

It was noted that failure to comply with nutritional rules and requirements leads to increased maternal and child mortality. Hundreds of thousands of people die every year worldwide as a result of malnutrition.

It should be noted that the World Bank-financed “Strengthening Resilience of the Agriculture Sector Project” is being implemented within the framework of the “Support for nationwide activities to provide micronutrients and vitamin supplements in PHC in Tajikistan” program, which is based on food support for development of the “Population Health Strategy of the Republic of Tajikistan until 2030,” including Section 3 “Food Security and Access to Quality Nutrition.”

As part of the “Strengthening Resilience of the Agriculture Sector Project”, micronutrients for pregnant women and vitamin supplements for children aged 6 to 59 months were procured and distributed based on clinical recommendations.

This event was planned to increase the knowledge of primary health care specialists and engage the media.

In 2019, the Government of the Republic of Tajikistan adopted the Law of the Republic of Tajikistan “On Providing the Population with Fortified Food Products” to protect public health and prevent nutrition-related diseases by food fortification. As part of this law implementation, the “Program for Prevention of Micronutrient Deficiency and Related Diseases among the Population of the Republic of Tajikistan for 2022-2027” was approved by Government Resolution No. 415 dated September 30, 2021.

Following the roundtable discussion, several participants expressed their views on the implementation of the “Strengthening Resilience of the Agriculture Sector Project” subcomponent and “Support for nationwide activities to provide micronutrients and vitamin supplements in PHC in Tajikistan”.



October 17, 2025

Benefits of healthy food for human health

https://youtu.be/5D_Q6jTppE0



October 17, 2025

Healthy nutrition is the basis of society's life
<https://youtu.be/nHxNGp7dJLw>



October 17, 2025
Healthy Nutrition and the Role of Agricultural Products in Society
<https://youtu.be/KQXyWatXmng>



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**Conducting training events within the framework of the
"Strengthening Resilience of the Agriculture Sector Project"**

The State Institution "Agriculture Entrepreneurship Development" within the framework of the "Strengthening Resilience of the Agriculture Sector Project" in collaboration with the public organizations "Amon", "Agroservice Consulting" and "Mashvarati Rasonavi" organized training and consultations on nutrition-related topics for farmers, farm managers and employees of the Ministry of Agriculture structures in towns and districts across the country, aimed at raising their level of knowledge.

During the training sessions, the following topics were addressed: nutrition and importance of healthy food, identifying malnutrition, its impact on human health, public access to healthy food and nutrient-rich products, consumption of micronutrients, food fortification, consequences of malnutrition and micronutrient deficiencies, promoting fortified foods to reduce micronutrient deficiencies and other related issues.

Currently, according to the plan, the sector representatives are intensifying their activities in this area, conducting events across the country and taking necessary measures to implement new plans for the second phase.



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Monitoring the distribution of microelements and vitamins in the towns and districts of Sughd region

“Nation health is an invaluable asset, without which it is impossible to imagine a state strength”

This week, the State Institution “Agriculture Entrepreneurship Development” specialists together with the public organization “Avesto” employees monitored the distribution of microelements and vitamins in the towns and districts of Sughd region (Khujand town, B. Gafurov and J. Rasulov districts).

A working meeting was held with Muhiddin Habibullo Khairullozoda, Head of the Regional Health Department.

During the meeting, the parties expressed their opinions on the issues of providing the target population (pregnant women and children aged 6 to 59 months) with micronutrients and vitamins, the activities of reproductive health centers and health centers of the towns and districts of Sughd region in this direction, as well as food fortification for protection of public health and prevention of nutrition-related diseases.

Afterwards, the working group met with officials and staff of reproductive health centers and child disease centers in Khujand town, B. Gafurov and J. Rasulov districts and checked the process of documenting and distributing micronutrients and vitamin supplements to the target population, including pregnant women and children aged 6 to 59 months.

Conversations were held with patients using micronutrients and vitamins.

The patients stated that their health improved after using health products (micronutrients and vitamin supplements). They also expressed their gratitude and endless appreciation to the Government of the Republic of Tajikistan and the State Institution "Agriculture Entrepreneurship Development" for their continued support.



October 17, 2025

MICRONUTRIENTS AND VITAMINS EFFICIENCY FOR WOMEN AND CHILDREN



October 17, 2025

ROUND TABLE ON THE TOPIC "CREATION OF A NATIONAL PREMIX

TURNOVER FUND IN TAJIKISTAN"

Nutrition, being the most important factor in human health, well-being and vital activity, inextricably linking human life with food, is necessary for body development, formation of cells and tissues, body provision with the necessary substances, formation of hormones, enzymes and other metabolic processes.

In order to protect public health and prevent foodborne diseases by fortifying food products, the Government of the Republic of Tajikistan adopted the Law of the Republic of Tajikistan "On Providing the Population with Fortified Food Products" in 2019. In order to implement this law, today, April 22, a round table was held at the Ministry of Health and Social population of the Republic of Tajikistan on the topic of "Creation of the National Fund for the Circulation of Premixes in Tajikistan", at which the Deputy Minister of Health and Social Protection of the Population Abdukholik Amirzoda had a speech, representatives of the country's relevant ministries and departments, a number of heads of food industry enterprises (flour and salt), as well as representatives of development partners in collaboration with the World Bank Group, the United Nations Children's Fund, and the Global Alliance for Improved Nutrition (GAIN) project manager participated.

During the round table opening, the Deputy Minister of Health and Social Protection of the Population Abdukholik Amirzoda stated that improving the nutrition is important for strengthening the population health.

It should be noted that issues of arranging the public nutrition are considered ones of the main strategic areas of the country Government activity, and adoption of 2 laws, 2 strategies, 4 programs and 1 national plan in recent years is evidence of this issue importance.

Then the Director of the State Institution “Development of Entrepreneurship in Agriculture” Mr. Daler Satori spoke about the project “Strengthening the Sustainability of Agriculture” and the activities of “Creation of the National Fund for the Circulation of Premixes in Tajikistan”, the issue was addressed by Hazem Ibrahim Hanbal, a Senior Agricultural Economist for the World Bank Group in Tajikistan, and other officials.

The round table also discussed a number of issues, including the provision of information on the topics “Creation of the National Fund for the Circulation of Premixes in Tajikistan”, “Achievements in the implementation of the Program for prevention of micronutrient deficiency among the population of the Republic of Tajikistan for 2022-2027”, “Problems related to food fortification in the Republic of Tajikistan”, “Status of the regulatory framework for food fortification (Tajikstandard)”, “Assessment of a potential host agency for NRFP” and “Discussion of the assessment and design of the Fund results with the private sector”.

It is worth noting that the Republic of Tajikistan joined the Global Movement for Scaling Up Nutrition (SUN) in 2013, becoming the 42nd country. Since 2015, the country has had an intersectoral coordination Council on Nutrition, which includes representatives of all ministries and departments, development partners, non-governmental organizations and civil society, which develops strategies and programs to improve nutrition, including the following: “Strategy for Development of School Nutrition in the Republic of Tajikistan for the Period up to 2027”, “Multi-sectoral Plan for Improving Nutrition in the Republic of Tajikistan for 2021-2025”, “National Communication Program for the First 1000 Days of a Child’s Life in the Republic of Tajikistan for 2020-2024”.

During the round table, a number of participants expressed their thoughts and ideas on various aspects of the project.

