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#### Benefits of healthy food for human health

https://youtu.be/5D\_Q6jTppE0

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### CONSTRUCTION OF YEAR-ROUND MODERN GREENHOUSES IN THE COUNTRY

Today, the country has effectively functioning permanently working greenhouses, enabling the efficient use of every land plot and providing the country population with fresh vegetables year-round. However, due to the high demand for fresh vegetables all seasons, officials are striving to increase the number of modern year-round greenhouses.

For this purpose, the Government of the Republic of Tajikistan takes the necessary measures to increase the area of modern year-round greenhouses in all towns and districts of the country and implements them step by step according to the plan.

This year, with the Government of the Republic of Tajikistan support, the State Institution "Agriculture Entrepreneurship

Development" is building two modern year-round greenhouses: one in GBAO Shugnan district and another one in Khatlon region Dangara district, as part of the "Strengthening Resilience of the Agriculture Sector Project".

Construction work is currently underway in both greenhouses, and engineers are striving to build and commission the facilities according to the international standards within the set timeframe by the new modern design.

The area for growing vegetables in the modern greenhouses is planned to cover 0.32 hectares of land, and the harvest will be available at markets year-round.

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## SUGHD REGION FARMERS ARE MAKING EVERY EFFORTS FOR COTTON HARVESTING

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Farmers across the country are currently taking advantage of favorable autumn weather and are making every effort for cotton harvesting on time.

It's worth noting that this year, with the Government of the Republic of Tajikistan support, the State Institution "Agriculture Entrepreneurship Development", within the scope of the "Strengthening Resilience of the Agriculture Sector Project", provided farmers (project beneficiaries) with certified high-quality seed varieties during the cotton sowing season.

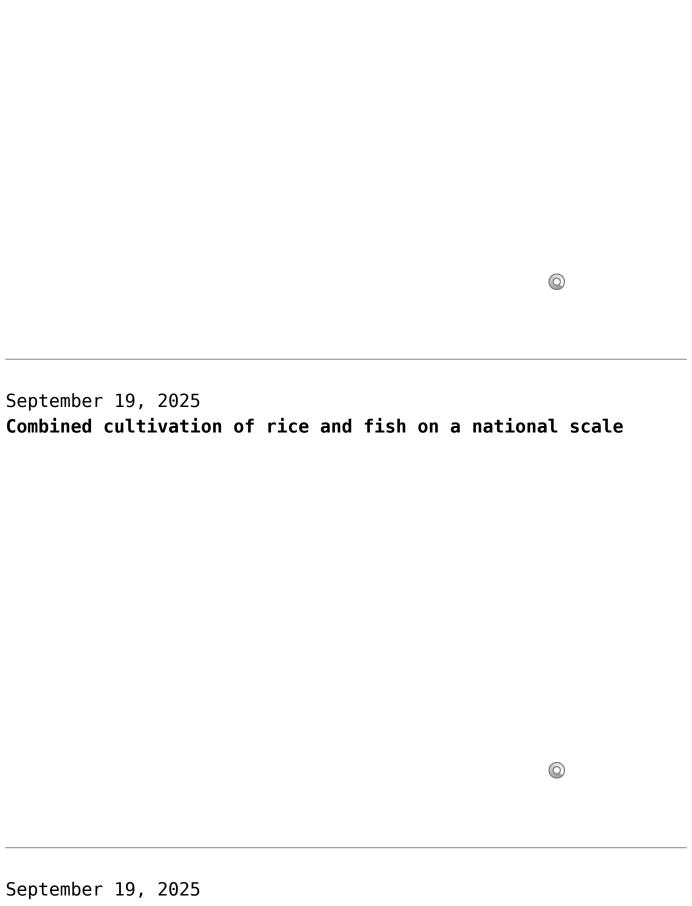
Farmers are satisfied with this ongoing support from the institution and, thanks to their diligent work and proper agricultural practices, are successfully growing cotton and significantly increasing its yield.

The institution regional specialists are currently visiting dehkan and seed farms in the B. Gafurov, Asht, Spitamen and J.

Rasulov districts and Kanibadam town, where the cotton harvest is underway, and are holding discussions with farm managers and farmers.

Farmers note that the seeds provided by the institution offer numerous advantages over local ones, are adapted to climate change and produce high yields.

Currently, a collective cotton harvest is underway in the region, and farmers get 17-18 centners of cotton per hectare per picking, which is a good sign showing they are moving toward achieving their long-term goal. They are determined to harvest the crop on time and without losses before the frost onset, and to fulfill the target plan completely.



RICE CULTIVATION AND FISH BREEDING DEVELOPMENT IN THE KHATLON REGION AND DISTRICTS OF REPUBLICAN SUBORDINATION

Rice is considered one of the main agricultural crops, a promising and profitable sector in the conditions of Central Asian countries, including Tajikistan. This crop is 1.6 times more productive than wheat, so farmers increase its sowing from year to year.

This year, with the Republic of Tajikistan Government support, the State Institution "Agriculture Entrepreneurship Development" within the "Strengthening Resilience of the Agriculture Sector Project" framework launched an experimental simultaneous rice cultivation and fish breeding in order to ensure food security nationwide.

Specialists together with this field scientists studied the rice-growing regions of the country and selected nine rice-growing towns and districts of the republic, including 20 rice-growing farms as experimental (test) plots for the simultaneous cultivation of rice and fish breeding.

Currently, rice is growing very well in experimental plots, and tests are being implemented to determine its biological yield.

Experts say, fish breeding in rice fields is a new and extremely effective method having a positive effect on fish breeding development.

Analysis has shown that fish breeding combined with rice farming has good efficiency. It can contribute to further increase in rice yield (strengthening the root system, destroying weeds and harmful insects, and providing natural nutrition).

Specialists and scientists, striving to achieve outstanding results, offer farmers scientifically based recommendations on increasing the area under this rare and high-yielding crop and increasing its productivity.

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## INDEPENDENCE DAY CELEBRATION IN THE "AGRICULTURE ENTREPRENEURSHIP DEVELOPMENT" STATE INSTITUTION

On 06.09.2025, a ceremonial meeting dedicated to the 34<sup>th</sup> anniversary of the Republic of Tajikistan Independence Day was held in the "Agriculture Entrepreneurship Development" State Institution conference room.

The ceremonial meeting began with the Republic of Tajikistan National Anthem performed by all those present.

Afterwards, the Institution Director Daler Satori sincerely congratulated those present on this solemn event. He also noted: "Independence is the highest good and the greatest value for every state and nation, the main factor in development and progress, the basis for presence on the world stage for the development and protection of national and state interests."

This is the highest and most valuable achievement of a nation, the basis for a state existence, a symbol of statehood and

patriotism, a sign of identity and freedom, a subject of pride and honor, the embodiment of the sovereignty and statehood of the Tajik people.

Thanks to the wise policy of the Founder of Peace and National Unity — the Leader of the Nation, the President of the Republic of Tajikistan, the respected Emomali Rahmon, during the period of independence we were given the opportunity to worthily present the people of our country to the world.

Today, thanks to independence, the nation called "Tajiks" and the country called "Tajikistan" are known to all the planet peoples and have a special status in the world arena.

National independence is a sacred holiday for every nation, protection and strengthening of its foundations is the primary duty of every worthy country citizen.

In the modern world, full of contradictions, only a nation with honor and respect can have real sovereignty in a free and independent state.

From the first days of gaining national independence, the valiant and heroic Tajik people participated in the restoration and formation of a new state and statehood foundations, ensuring the security and tranquility of society, political and economic stability, and launched a creative process for the Motherland prosperity: construction of power plants and tunnels, enterprises and institutions, highways that meet international standards. As a result, a lot of our problems have been solved today, and our hardworking people are ready to solve even larger development tasks.

We should be proud of this glorious people and strive to glorify them even more.

In this regard, I would like to express my wishes: may the sacred Independence Day bring health, happiness, peaceful life, success and discoveries to every freedom-loving and

decent person in the country!

Then several employees made meaningful speeches, noting the achievements of the independence period, assessing the complete independence of the country as a priceless blessing, the most important achievement of the nation, a symbol of statehood and patriotism, a sign of originality and freedom, pride and honor. The employees were shown a documentary film reflecting national values.

In conclusion, the Institution Director once again congratulated those present and, in their person, all residents of the country on this significant date, wishing them health and well-being, happiness and victories, as well as exceptional successes and achievements in everyday life.

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Congratulations from the Director of the State Institution "Development of Entrepreneurship in Agriculture" Daler Satori Abdumansur on the 34th Anniversary of Independence of the Republic of Tajikistan

Independence is the best benefit and the most precious value for every state and nation, the main factor of development and progress, as well as a condition for its consolidation in the international arena for development and protection of national and state interests.

National independence is the highest and most valuable achievement of a nation, the basis for a state existence, a symbol of statehood and patriotism, a sign of identity and freedom, a subject of pride and honor, the embodiment of the sovereignty and statehood of the Tajik people.

Thanks to the wise policy of the Founder of Peace and National Unity — the Leader of the Nation, the President of the Republic of Tajikistan, the respected Emomali Rahmon, during the independence period we were given the opportunity to

worthily present the people of our country to the world.

Today, thanks to independence, the nation called "Tajiks" and the country called "Tajikistan" are known to all the planet people and have a special status in the world arena.

Independence for us is an outstanding sign of the state stability, the nation foundation and embodiment, a symbol of dignity and identity, a historical ideal and aspiration, international recognition and connection of independent Tajikistan with the civilized world, its honor and authority.

National independence is a sacred holiday for every nation, and protection and preservation of its foundations are the primary duty of every worthy country citizen.

In the modern world, full of contradictions, only a nation with honor and respect can have real sovereignty in a free and independent state.

From the first days of gaining national independence, the valiant and heroic Tajik people participated in the restoration and formation of a new state and statehood foundations, ensuring the security and tranquility of society, political and economic stability, and launched a creative process for the Motherland prosperity: construction of power plants and tunnels, enterprises and institutions, highways that meet international standards. As a result, a lot of our problems have been solved today, and our hard-working people are ready to solve even larger development tasks.

We should be proud of our great nation and make every effort and diligence for its even greater glory.

That is why I want to wish the following: May the sacred holiday of Independence bring health, happiness and wellbeing, peaceful life, success and prosperity to every freedom-loving and sincere person in the country!

May national independence, like the high majestic peaks of the country, be unshakable and everlasting!

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# NATIONWIDE TRAINING EVENTS UNDER THE "STRENGTHENING RESILIENCE OF THE AGRICULTURE SECTOR PROJECT"

The State Institution "Agriculture Entrepreneurship Development" within the framework of the "Strengthening Resilience of the Agriculture Sector Project" together with the public organizations "Amon", "Agro-Service Consulting" and "Media Consulting" conducted trainings and consultations on nutrition issues in the country towns and districts to increase the knowledge level of farmers, leaders of dehkan farms and Ministry of Agriculture institutions employees.

Specialists from the State Institution "Agriculture Entrepreneurship Development" together with the public organization "Agro-Service Consulting" held a seminar-training in the event hall of the Pamir Biological Institute named after Academician H. Yu. Yusufbekov of the Tajikistan National Academy of Sciences to improve the knowledge level in the field of healthy nutrition entitled "Proper nutrition is the basis of a healthy lifestyle."

At this training event, the scientists and specialists in this field made presentations and noted: "The "Strengthening Resilience of the Agriculture Sector Project" directly cooperates with the Republic of Tajikistan Ministry of Agriculture, and its implementation contributes to ensuring food security and improving the quality of nutrition for the population, accelerating the diversification of agriculture and creating new jobs for women."

Young scientists from the Pamir Biological Institute named after Academician H. Yu. Yusufbekov of the Tajikistan National

Academy of Sciences, scientists from the Tajik Academy of Agricultural Sciences Pamir Agricultural Scientific Center, employees from the GBAO Department of Agriculture and representatives of dehkan farms took an active part in the event and expressed gratitude to the Republic of Tajikistan Ministry of Agriculture, the management of GBAO state executive authority and the organizers of this training seminar. Similar training seminars were held in the districts of Murgab, Roshtkala, Ishkoshim and Khorog town. Besides, they are planned to be held in the GBAO districts Shugnan, Rushan, Vanj and Darvaz.